

AAPO is the Australasian Association of Professional Organisers.
It is an industry body which aims to:

- Support its members and their businesses
- Set industry standards
- Educate the public on the value of professional organising.

NOW is the National Organising Week which is an AAPO initiative running 2nd - 7th September 2013 marks its 7th year increasing in popularity each year.

Angela Esnouf helps people get organised through advice, workshops, the Declutter Club and hands on assistance. Her team at **Creating Order from Chaos** are ready to lighten your load.

Choose a space in your home that is your biggest organising challenge?

Imagine yourself standing in this space. How does it make you feel?

Rate how you feel ☹ ☹ ☹ ☺

1 2 3 4 5

What words describe that feeling?

What is there too much of, what would you like to reduce? (stress, stuff, overwhelm etc.)

What can you reduce, rethink or reorganise to make an impact on your organising barometer?

Get Organised NOW with 5 easy steps

1. Have a vision

2. Clear and clean

3. Sort and Purge

4. Assign, store and label

5. Celebrate

What does Reduce, Rethink, Reorganise mean?

We can reduce costs, stress, physical clutter, wasting time and cluttered mind.

Reduce

One way to do this is to sort items and split them into:

- Keep
- Sell
- Donate
- Toss
- Repair
- Recycle

Rethink

What does it mean to be organised?

May be able to:

- Repurpose
- Utilise what you already have
- Bring fresh eyes to situation
- Rethink behaviour
- Rethink routines
- Rethink habits

Reorganise

Use new strategies, tools, resources and systems.

Reorganise existing spaces/rooms – outside, inside, office, finances, paper, photos, clothes, garage.

Change lifestyle and possibilities, time/self management.



Thank you for attending the Organise NOW workshop.

For learn more or request assistance, call **Angela on 0403 164 468**, email angela@creatingorder.com.au, or visit our website at www.creatingorder.com.au