



It is often said in the Organising world...

*If you don't use, need, or love something, it is clutter
and doesn't have a place in your home.*

I say that myself, in various forms, often. While I say it, I am sometimes reminded of the scene from the popular 1999 movie starring Heath Ledger – 10 Things I Hate About You – where two girls are talking about their material possessions in relation to love. It goes like this...

Bianca (played by Larisa Oleynik): “There’s a difference between like and love. Because, I like my Skechers, but I love my Prada backpack.”

Chastity (played by Gabrielle Union): “But I love my Skechers.”

Bianca: “That’s because you don’t have a Prada backpack.”

Yes, there is a difference between *like* and *love*. But I want to look at things from a different angle.

I work with a lot of clients who feel overwhelmed by their possessions, and yet they cling to them. And sadly, while they are busy clinging to material things which overwhelm them, they often miss out on the experiences and moments they long for.

It’s hard for a new mother to enjoy the delight of watching her little girl explore her surroundings, if those surroundings are “off limits” because of dangerous piles of boxes.

What about the retired lady who has time to enjoy a cuppa with friends but feels she can’t invite them to her home because it’s too messy?

Then there’s the couple who feel they can’t afford the holiday of their dreams, but fork out a hefty sum each month renting a storage unit which houses, well, they can’t even remember what’s in there.

I see it all the time. People putting their lives on hold, feeling like they can’t fully participate in life, watching others do what they long to do. And all because of *stuff*.



That's why number five in my Top Tips for Creating Order is always ...

Value and invest in relationships ahead of stuff.

Maybe I should amend that to include "invest in experiences".

Next time you feel you're missing out on a valuable experience, ask yourself, is it your stuff making you feel that way?

And if it is, remember this heartfelt plea from me... **It's Only Stuff.**

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